

NEW! Introducing the Nautilus® VM Vertical Market Cardio Line-Up!



Nautilus® VMT Treadmill
SIMPLY STRONG |

Combines smooth, fluid design with rock-solid durability

Nautilus® VME Elliptical
SIMPLY SMOOTH |

Its natural fluid motion offers a smooth workout



Nautilus® VMR Recumbent Bike
SIMPLY NATURAL |

The ergonomically designed seat and handle bar position offers natural movement and body support

Nautilus® VMU Upright Bike

SIMPLY FIT | Combines a comfortable sitting position with a natural cycling feel



INNOVATION



Nautilus® VMT Treadmill

Features

Display Type: 6 LED + 8 x 32 dot matrix

Display Feedback: Time, Distance, Heart Rate, Calories, Speed, Incline

Programs: 6 Programs, 2 HRC, 2 Users

Quick Speed: 5 Key

Quick Incline: 5 Key

Speed: 0.5-12.5 mph / 0.8-20 km per hour

Incline: 15% (0-15 Levels)

Max. User Weight: 400 lbs / 182 kgs

Heart Rate Feedback: Contact and Wireless Telemetry

Technical Specifications

Dimensions: 58" H x 85" L x 37" W / 148 H x 216 L x 93 W cm

Running Belt: 60" L x 22" W / 153 L x 56 W cm

Roller: 3.5" / 9 cm

Motor: 5 HP AC.

Motor Control: AC Inverter

Nautilus® VME Elliptical

Features

Display Type: 6 LED + 8 x 32 dot matrix

Display Feedback: Time, Distance, Heart Rate, Watt, RPM, Level, Mets, Calories

Programs: 7 Programs, 4 HRC, 4 Users, Body Fat

Max. User Weight: 400 lbs / 182 kgs

Power Requirement: Self-powered

Heart Rate Feedback: Contact and Wireless Telemetry

Stride: 20" / 50 cm

Resistance Range: 1-16 Levels

Flywheel: 22 lbs / 10 kgs

Dimensions: 70" H x 80" L x 27" W / 178 H x 203 L x 68 W cm

Nautilus® VMR Recumbent Bike

Features

Display Type: 6 LED + 8 x 32 dot matrix

Display Feedback: Time, Distance, Heart Rate, Watt, RPM, Level, Mets, Calories

Programs: 7 Programs, 4 HRC, 4 Users, Body Fat

Max. User Weight: 330 lbs / 150 kgs

Power Requirement: Self-powered

Heart Rate Feedback: Contact and Wireless Telemetry

Resistance Range: 1-16 Levels

Flywheel: 22 lbs / 10 kgs

Dimensions: 50" H x 62" L x 25" W / 128H x 157 L x 63 W cm

Nautilus® VMU Upright Bike

Features

Display Type: 6 LED + 8 x 32 dot matrix

Display Feedback: Time, Distance, Heart Rate, Watt, RPM, Level, Mets, Calories

Programs: 7 Programs, 4 HRC, 4 Users, Body Fat

Max. User Weight: 330 lbs / 150 kgs

Power Requirement: Self-powered

Heart Rate Feedback: Contact and Wireless Telemetry

Resistance Range: 1-16 Levels

Flywheel: 22 lbs / 10 kgs

Dimensions: 55" H x 44" L x 27" W / 140H x 111 L x 69 W cm

For more information or to book an interactive webinar that brings our showroom to you, please contact us at:

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 **NAUTILUS**

